



“The Role of Youth in Strengthening Bharat: A Social and Political Perspective”

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Abstract:-

In this research article there is analysis of factors which impact today's youth and development of nation. In this article there is in-depth analysis of certain factors which impacts youth development. There is also analysis that which factors influences youth for actively involvement in political, social and economic activities for developmental pathways. Whereas there is also analysis of what are the factors which demotivate youth or create challenges in developmental path of youth in political, social and economic. There is use of secondary data and proper analysis of the secondary data. There is also study of today's youth participation role in certain political, social and economic institutions and how actively they interact with each other.

Keywords: -*Youth, Strengthening Bharat, Political participation, Economic Participation, Social Participation.*

Introduction: -

Today's youth of Bharat aren't just the “*leaders of tomorrow, they are the primary stakeholders of today*”. India comprising 145 crore population in 2025, where Indian population equivalent to 17.78% of the total world population. 37.1 % of the population is urban 2025”(worldometers, 2026). Bharat where there is blend of various unique qualities and amalgamation of diversities with unity in diversity. Where India creates extraordinary image around the world by their vast demographic, huge population mass and youth bulge. The potential of today's Bharat is very dynamic and advanced in each and every sector of nation building concept. “Where India is relatively young as a nation with around 28 million youth population being added every year. More than 50 percent of its population in below the age of 25 and more than 65 percent are aged below 35”(Sridhar, 2020).

Today's youth are burgeoning towards advancement and actively participation in social, political, economic and public policy making. The young mind role is crucial in each and every sector for achieving our target Vikshit Bharat 2047. The young minds have proficiency in technological and IT sector which creates a huge opportunities for everyone. There is also



necessary of certain sector for development priorities. The demographic advantage of this youth bulge leads to Vikshit Bharat 2047. Where this often describe as demographic dividend, positions Indian youth as the most decisive force in shaping the nation's future. However, transforming this raw potential into national strength requires a multi – dimensional approach.

In society the Indian youth plays a crucial role from challenging to take opportunities. Youth which became catalyst which enhance the society towards developmental path. Youth has potential to challenge the rigid entrenched social norms and rules which are created by well-established entrenched social institutions. Where there is also certain opportunities for youth in society for positive development. By actively involvement of youth in society or social institutions leads to upliftment of whole society and mitigation of certain negative discrimination which degrade the whole. This holistic involvement of youth with active participation leads to welfare society where each and every sector is presented and participated.

Where in political segment the actively involvement of Indian youth is must due there vary or huge population or youth bulge criteria. If active involvement of youth leads to induce certain newer ideas and advancement of certain sector which ultimately leads to sustainable development. “Historically, Indian youth played very crucial role in social movements and struggles for independence channelling their energy and idealism towards a pursuit of a just and equitable society. The significance of youth in Indian politics cannot be overstated, they bring fresh perspectives, innovative ideas and palpable sense of urgency to address pressing socio-political issues”(Vinayak Verma, 2024).

Economically, the youth are the primary contributors to Bharat's status as one of the fastest-growing economies. The active involvement of youth in economic sector is must and very crucial for the nation's development. The active participations in economic activities leads to sustainable development. There is a need for newer and adoptable technology for enhancement of economic sector as well as need of preservation of raw materials, so we can achieve target Vikshit Bharat 2047. The youth has potential to grasp newer technologies, newer vision of creating economic hub in service sector, manufacturing sector, agricultural sector and many more. For our vision of Vikshit Bharat 2047 with sustainable development we need inclusive growth of Indian youth in economic sector.

Youth and society.

A great philosopher and father of political science Aristotle said that “A man is a social animal”. We can simply define that man cannot live without man. Basically in India there is huge population resides where huge population is youth generation from 18 to 35 years. The Indian youth has ability to challenge the rigid and orthodox societal norms. Where today's youth are more connected and less bound with the traditional prejudices.

Challenges faced by youth in society.



Challenging social evils generally youth are first of movements against deep rooted issues.

Gender Inequality – generally there is society there is inequality between male and female. Where in education, girls are not motivated for further studies or higher studies or not allowed.

Mental health and social pressure – There are certain norms which can creates anxiety to youth like academic pressure, job uncertainty, and social comparisons.

Climate change - It is a huge problem for everybody due uncertainty of climate change. From urban afforestation to fighting plastic pollution, today's youth give priority to sustainability, ensuring that growth does not come at the cost of ecology.

Where there are also many problems like corruption in society and caste discrimination in society leads to demotivate youth as well as leads to chaotic conditions and this resulted into demotivate youth for active participation in society.

Opportunities of youth in society.

Where the youth have potential to accept the challenge and solve with positive mind-set and achieve sustainable developmental goal.

Digital literacy – there is difference between urban areas and rural areas than also today's youth and government initiatives creates an excellent bridge of connectivity between them. The digital tools helps to the last mile of the society.

Democratization of knowledge – there are certain initiatives of government which enhance the digital platform. Platforms like MY Bharat and ATAL Innovation Mission provide digital tools and artificial intelligence AI tutors allows youth to learn newer skills, at their own regional languages.

Society – Nowadays society also uplift the younger minds and youth development. The society became more flexible for inclusive and upliftment of youth overall development.

The passion to profit model – Youth Udyami 2026 encourage students as young as 15 to turn hobbies such like gaming, sustainable design or content creation into scalable business models.

Social impact fellowship – fellowship are given like Teach for India, Ashoka Young Change makers, and MCW Global offer stipends for youth to lead community projects treating social activism as an active and professional career path.

Civic leadership and global diplomacy – Nowadays society is increasingly inviting youth to the decision making process for problems like climate change and inequalities in society.

Direct policy participation – platforms like Mera Yuva Bharat (My Bharat) connect millions of youth directly to government ministries for volunteering and nation building projects



Global forums - World youth forum 2026 and UNESCO gives a fully funded opportunities to young generation for work on sustainable development goals.

There are also many opportunities are there for youth which offers by government initiatives and society. The government bodies and societal institutions have moved towards a start-up ecosystem model.

Youth and Politics.

According to research “As per the data collected only 34.50% of respondent indicates that they are interested in joining politics to build smart India whereas 24.10% of respondent indicates that they are less interested in politics and also 41.40% of respondent indicates that they are not at all interested in politics”(Sanjay L A, 10 october 2021). Where India has youth bulge, so there is huge potential to challenge the negative norms or rigid norms and reform the whole society. The Indian youth is more technically sound and advanced in each and every sector with more informed than the previous generation, but then also they face some kinds of hurdles in Indian politics.

Challenges Faced by Youth in Politics.

Age gap –There is basically gap between the younger generation and older generation. In politics there is first preference to older one not to the younger one, where younger leaders are less promoted compare to older leaders.

Experience – There is very experience in politics compare to older generation. There is lack of experience in decision making and real policy implementation.

Lack of political awareness and education –There is very less civic and political knowledge this lead to confusion for youth how to make decision in political sphere.

Limited access to resources and funding – There is very less funding and less resources which accelerates youth towards politics. Like working youth as no time to give there actively efforts to politics, unemployment, underemployment. There is lack of Guidance in politics and lack of mentorship in politics.

Limited network – there is very less network compare to established politicians and bureaucrats manpower.

There are also many hurdles like casteism, social barriers, nepotism, and corruption. This leads to demotivate youth for actively participation in politics.

Opportunities for Youth in Politics-

There are various opportunities for Indian Youth in politics. Where there is nowadays there is actively involvement of society also. There is actively involvement of government initiatives



for political upliftment, development and actively participation of Indian youth in politics for their better future.

Education – Day to day education is constant increase by the individuals and youth, where there is also easy access to education. This increase in education level, stated that there is actively involvement of Youth in Politics.

Technology, social media and digitalization–this leads to increase in knowledge and create activeness in regional, state, national and international level that what is going on around us.

Social justice – Indian Youth from history to current, the social reforms movements mostly lead by youth. From climate change to social inequality the youth has ability to challenge the social rigid norms and also potential to establish welfare society.

There are also certain government initiatives for youth to join actively in politics and structured pathway to bridge the gap between youth and policy making. Vikshit Bharat Young Leaders Dialogue (VBYL), provide platform for 15-29 years present actionable ideas directly to national leadership.

Legislative assistants to Member of Parliament (LAMP) Fellowship, where young graduates work directly with MP's assisting them in research, policy making and drafting.

Conclusion.

The India Youth has a huge potential to make a positive change from social to political and political to economic. There is need of active involvement of youth in various sectors so that each and every sector develops. The Indian youth should actively participate in social institutions and political institutions for welfare of the society. Youth participation, representation, and include newer and unique idea which enhance the entire society and this leads to our vision Vikshit Bharat 2047 and Ek Bharat Shreshth Bharat.

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